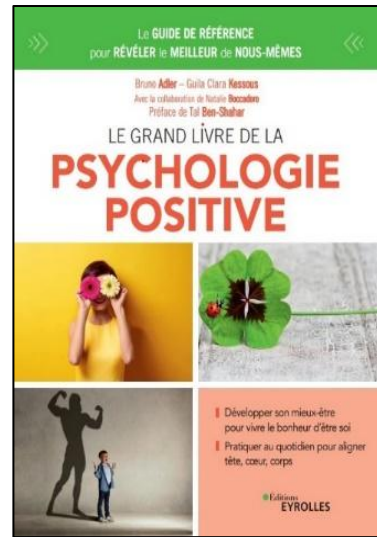
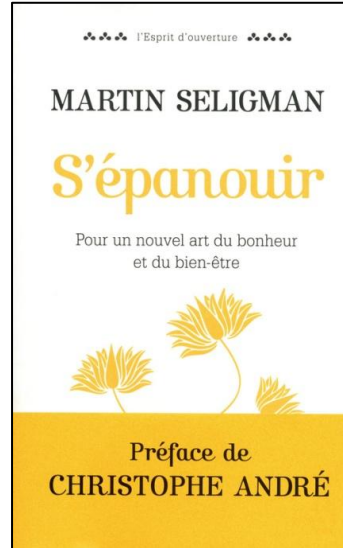




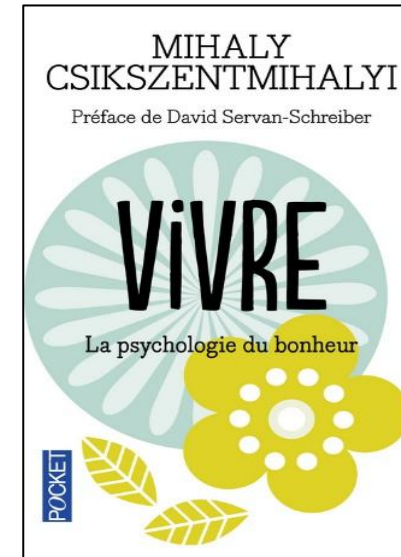
LIBÉRATEUR D'ÉNERGIE



Méditation
bienveillante



La nouvelle ère de la
psychologie positive



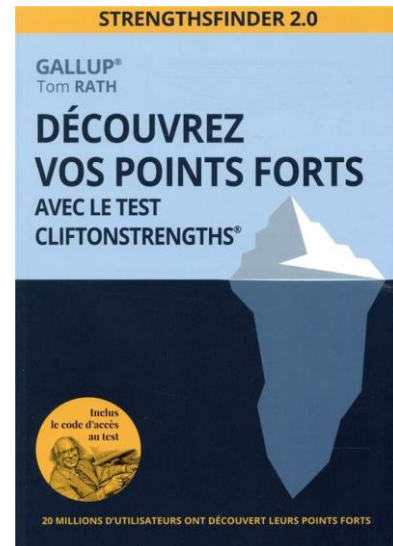
Flow, le secret du
bonheur



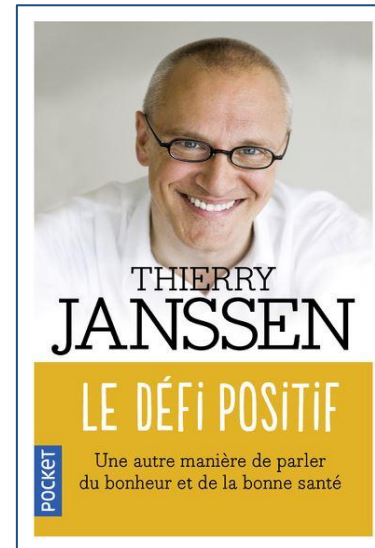
Les émotions positives
nous transforment



Respiration 4X4



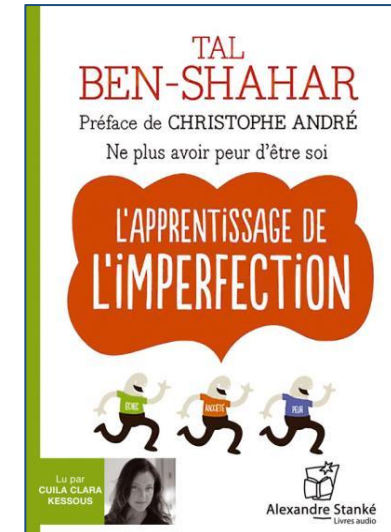
Questionnaire Gallup
sur les forces
Cliftonstrengths



Quand la psychologie
devient positive



Conférence sur
l'optimisme



Modèle du bonheur
métaphore Hamburger